



FREDERICTON THERAPEUTIC RIDING ASSOCIATION

Web: ftra.ca

Phone: (506) 455-3872 (FTRA)

RIDER/PARENT HANDBOOK

Now that your child has commenced riding with the Frederickon Therapeutic Riding Association, there are probably a few things you are wondering about, and hopefully, this handbook will answer your questions. If you have questions not addressed in this book please do not hesitate to contact us.

General Info

Registration for riding lessons for the year is completed in January at the Annual Meeting. You must attend in order to register for riding lessons.

FTRA has forms that are required to be completed for all riders. Some forms will need to be updated every three years and others will need to be updated every year. Also, the physician form will need to be updated whenever the rider has undergone any surgery or there is a change in their condition. Forms are available on the ftra.ca website.

Our riding season is from March to June and September to November. Lessons are done in 4 to 10 week sessions. Every effort is made to allow riders to ride twice per year, but frequently demand overcomes supply.

Riding Fees are payable upon receipt of the invoice from the Treasurer.

At The Barn – Stable Rules

When riders for the 6:45 p.m. ride arrive at the stable, they are to proceed to the arena via the outside (not through the stable). Please do not allow riders or any other children to wander through the stable. Riders for the later rides may wait in the viewing room.

Do not pet or feed horses in the stalls or in the paddocks and do not allow children to do so. We realize that most people like to pet horses, but a lot of the horses at this stable are young and may bite.

While your child is riding you are required to remain on the premises. However, we ask that you watch your child's lesson from the viewing room. When we ride in the outdoor ring, we ask that parents remain outside of the fence. While watching the lesson, please do not distract the riders. It is important that they focus on the instructor and the lesson.

Riders are welcome to bring a treat for their horse but these will be collected by the instructor and given to the horses after the lesson. **There is no hand feeding allowed.**

If you wish to take pictures of your child, please ask the instructor and she will let you know when it is appropriate.

Riders must always wear long pants and closed shoes/boots with a heel. If a rider shows up in shorts and/or sandals they will not ride.

Please advise the instructor of any changes with your child. This may include surgeries, seizures, changes in condition, recent illnesses even minor ones such as colds, flu, a change in medication, a change in home circumstances, etc. Being aware of these things allows us to provide the safest and most beneficial riding program for your child.

In case of a fire, riders will be dismounted immediately. Riders and parents are asked to leave the stable by the closest exit – do not go through the stable. Go directly to your vehicle. FTRA is responsible only for safe evacuation of riders and volunteers. Do not attempt to fight the fire. We also ask that you not block the gate or the driveway when parking your vehicle.

If a rider falls off the horse, for safety reasons, we ask that you remain outside of the riding ring, unless the instructor indicates that you are needed.

If you have a question or concern, please ask the instructor for some time before or after the lesson to discuss.

Cancellation Policy

If the rider is unable to attend a lesson please advise us as soon as possible by contacting Your Instructor at one of the numbers listed on the back page. **Please do not skip a lesson without telling us.** We will not cancel without notifying you, so please don't you cancel without notifying us. Repeatedly skipping lessons without contacting FTRA personnel may result in the rider's name being removed from the active list.

If you cancel a lesson, fees will not be reimbursed. A credit may be provided if FTRA is able to fill the riding spot. If FTRA cancels the lesson, it will be made up at a later date.

Rider fees are subsidized by FTRA fundraisers. Rider fees pay only approximately 50 percent of the actual cost of the program. Parents and/or riders are expected to participate in all fundraisers and to assist on the board.

Contact Names and Numbers:

FTRA, Answering Machine	455-3872
Kristy Wall, Instructor	461-1015
Jennifer Sutherland-Green, Instructor	454-7543
Caitlin (Katie) Long, Instructor	461-5795
Silverwood Arabians	459-7284